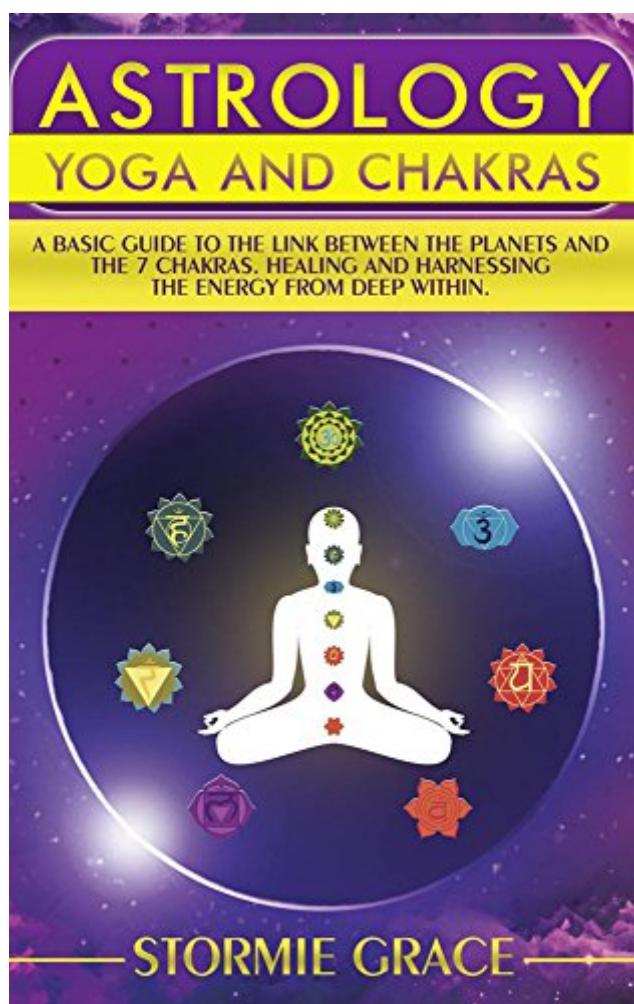


The book was found

Astrology, Yoga, And The Chakras: A Basic Guide To Astrology And The 7 Chakras: Healing And Harnessing The Power From Within



Synopsis

When Chakras are blocked or closed, we feel like less of the magical beings than we are. And when we don't understand how the celestial bodies greatly impact the flow and radiance of those critical energetic points, we hand our power off to anything that wishes to consume it. This book is a wonderful basic look at the link between Astrology and the 7 Chakras in the human body. An easy to follow guide to the names, locations, influences, and colors of each chakra along with how to open and balance them in order to harness your delicious power from within. I invite you to take a journey with me, while I share my knowledge and personal experiences with Chakras and Astrology with you, so that the wisdom of what I have experienced can help you blaze your own trail of greatness!

Book Information

File Size: 428 KB

Print Length: 57 pages

Publisher: Stormie Grace (February 19, 2016)

Publication Date: February 19, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01BZQ6J98

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #264,230 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #193 in Kindle Store > Kindle eBooks > Religion & Spirituality > Hinduism > Chakras #211 in Books > Religion & Spirituality > Hinduism > Chakras #214 in Kindle Store > Kindle eBooks > Religion & Spirituality > New Age > Astrology

Customer Reviews

I really enjoyed this beginners guide to yoga. It was really informative about the practice and purpose of yoga. I found the parts about energy channels, astrology and chakras, and the planetary meditations to be the most useful. Great read and introduction to chakras, yoga, and meditation!

I am a newbie to this....but always interested in extending my borders and being open to learning more. I believe this book will give me new insight and understanding of our cosmos. Anytime I have listened to Stormie's you tube's she is always upbeat, full of life and positive. I am looking forward to reading it.

Awesome for beginners like myself and the price is great.

Big Fan of Stormie Grace, Excited to get reading ☺^•

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